User Manual of Smartwatch

Please read user manual carefully before use

Notice for Use

1. Smartwatch can detect real-time and dynamic heart rate and blood pressure, but it can't be used for any medical function;
2. Charging: please charge the smartwatch before use and ensure that it's fully charged. Please confirm that 2 vibrating needles of magnetic-type charger align with 2 charging contacts of host or insert charging clip to USB adapter (adapter 5V 500mA). Please ensure that there is no dirt, oxidization and impurities on metal contacts. There will be charging icon on the screen of smartwatch while being charged. If not using the smartwatch for a long time, please charge it every three months.
3. Please do not charge with power adapter with output current exceeding 2A; otherwise, the smartwatch will be damaged.
4. Please do not shower the smartwatch with hot water or put the smartwatch under high temperature; otherwise, it will damage water-proof performance of the smartwatch.
5. Please do not charge under the condition of humidity or being stained with water.

Operation Diagram

1. Smartwatch

2. Packing list
a. Smartwatch*1 b. Packing box*1 c. User manual*1
d. Charging base*1

Note: the product supports full-screen touch operation and operation is shown as above diagram;
Key + watch body: a. long press for ON/OFF;
b. short press to extinguish/awaken screen

APP Installation & Bluetooth Connection

Please search "FitCloudPro" in Myapp and Google Play on Android mobile or APP Store on iPhone; or scan below QR code to download and install App

Note: Android supports 4.4 and above; IOS supports 8.0 and above; Bluetooth hardware 4.0 and above.
Bind smartwatch. Click selection of binding device and find out the device to be connected. If there are several devices nearby, select MAC address of own smartwatch to bind. If the smartwatch binds with mobile successfully, there will be Bluetooth icon on top of smartwatch.

Product Parameters

Bottom case:IML
Bluetooth: BLE 5.0
Main control chip: RTK8762CK
Screen size: 1.1inches, TFT colour screen
Battery capacity: 160mAh
Battery type: polymer lithium battery
Standby time: 10-15 days
Waterproof level: IP68
Charging way: magnetic charging base
Working temperature: 0-40℃
Compatibility
Above IOS 8.0
Android 4.4 and above
Apply to most mobiles on market

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Function Introductions

1.Switch main interface

On main interface, long press touch key to switch main interface
2.Sports information
Display daily steps, mileage and calorie consumption
3.Heartrate
Slide to enter heartrate interface, start to measure and display heartrate data
4.Blood oxygen
Slide to enter blood oxygen interface, start t o measure and display blood oxygen data
5.Blood pressure
Slide to enter blood pressure interface, start to measure and display blood pressure data

Function Introductions

6.Sports mode
Slide to enter sports mode, select corresponding mode and start to monitor sports data
7.Sleep monitoring
Monitor sleep quality and data on each evening
Note: device is activated for monitoring on 21:30 each evening
8.Stopwatch
Slide to enter stopwatch interface and single click start to begin timing; press again to stop; single click right key to return to zero
9.Message
Slide to enter message interface to view received message notification
10.Find mobile
Slide to enter interface of find mobile, click screen and mobile will response
Note: connect device to APP before enabling this function
11.Slide to enter QR code interface and scan with mobile to download
12.Music
After connecting to mobile Bluetooth, slide to enter music interface, single click corresponding buttons to switch music and adjust volume, etc.

Function Introductions

13.Brightness adjustment
Slide to enter interface of brightness adjustment and single click +/- button to adjust backlight brightness
14.Dial switch
Slide to enter interface of dial switch and single click to select dial switch
15.Language
Slide to enter interface of language setting to switch languages
16.Alarm
Click to enter interface of alarm to set alarm
17.Factory reset
Slide to enter interface of factory reset to select if reset or not
18.System
Slide to enter system interface to view Bluetooth name, Mac address and firmware information of device
19.Shutdown
Slide to enter shutdown interface to turn off device

Function Introductions

20.Drop-down menu
Slide down main interface to select "brightness", "settings" and other functions
21.Raise wrist to brighten
Click raise wrist to brighten to set this function
22.Vibration strength
Click to enter vibration strength to adjust vibration strength
23.Brightening time
Click to enter brightening time to set this function
24.Female
Click to enter female function to view current menstrual cycle
(Note: after smartwatch connects with APP, all parameters of menstrual cycle can be set in APP such as menstruation, pregnancy preparation, gestational week, expected date of confinement, etc.)

Precautions

1.Why the smartwatch should be worn tightly while testing heartrate?
By adopting light reflex principle, the smartwatch penetrates skin through light source and the signals reflected on sensor are collected to calculate heartrate. If it's not worn tightly, ambient light will enter the sensor and it will influence measurement accuracy.
2.It's not suggested to wear while taking a hot bath:
First factor: vapor produced while taking hot bath
Due to high temperature of bath water, it's easy to produce many vapors. The vapors are gas with small molecular radius, so they will penetrate easily through the gap on shell of smartwatch. After the temperature falls, it will gradually c ondense to water drop, which will bring harm to circuit board and then damage the smartwatch.
Second factor: temperature
When electronic products are influenced by high temperate, low temperature, cyclic change of high temperate and low temperature, there will be parameter variations of internal components and parts, which will directly influence normal operation and even damage the smartwatch. Please pay attention to these while using in daily life.